



EVENING GRACE

Residential Care Facility for the Elderly

A Sample of a Weekly Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
Dry Cereal	Cheese Omelet	Oat Meal with Raisins	Eggs and Hash	Pancakes with Butter and Syrup	Cream Of Wheat with Raisins	Scrambled Eggs with bacon
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice
Tea/Coffee/Milk	Tea/Coffee/Milk	Tea/Coffee/Milk	Tea/Coffee/Milk	Tea/Coffee/Milk	Tea/Coffee/Milk	Tea/Coffee/Milk
Lunch						
Clam Chowder Soup	Meatball Soup	Beef and Vegetables Soup	Potato Soup	Green Split Pea Soup	Cream of Asparagus Soup	Tomato Soup
Ham Sandwich	Black Forest and Cheese Sandwich	Chicken Salad Sandwich	Beef Rolls	Fish Sandwich	Turkey Sandwich	Grilled Chicken and Cheese Sandwich
Salad of the Day	Salad of the Day	Salad of the Day	Salad of the Day	Salad of the Day	Salad of the Day	Salad of the Day
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice
Dinner						
Sunday Barbeque with French/Mashed/Boiled Potatoes and Different Salads	Baked Fish with Broccoli and Carrots/Potato salad	Grilled Salmon with Peas, Carrots and Cauliflower	Turkey Breast with Gravy and French Potatoes with Mayonnaise and Mashed Garlic	Grilled Chicken Breast with Macaroni and Cheese	Fish File with Rice and Steamed Vegetables/Green Asparagus	Meat Loaf with Mashed Potatoes and Green Peas
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice

Evening Grace, LLC

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